TALKS

1972-07-29
The News Virginian (p.7)

ESP Speaker Announced

WEYERS CAVE (Special) — Robert A. Monroe of near Charlottesville will be guest speaker at an Extra Sensory Perception (ESP) program at Blue Ridge Community College at 7:30 p.m. Tuesday in room 222. His topic will be "Journeys Out of the Body."

Mr. Monroe has had a wide career in all forms of communications. He has worked for newspapers and magazines, in cable television and electronics. He is currently president of two corporations in this field, one of which is Jefferson Cable Corporation which serves Waynesboro.

He is also author of the book "Journeys Out of the Body" which is published by Doubleday and Company.

The program will be open to the public with no admission.

1978-09-14
The News Virginian (p.3)

Dream Lecture Slated at BRCC

WEYERS CAVE (Special) — Dr. Robert L. Van de Castle, nationally-known for his dream research at the University of Virginia, is scheduled to be a guest speaker Oct. 18 in Blue Ridge Community College's parapsychology course.

David McKnight, instructor for the course, noted the two main areas of the parapsychology field to be explored in the Wednesday evening "Selected Topics in Parapsychology" will be dreams and meditation. "I am sure Dr. Van de Castle's talk will be both enjoyable and informative for the class as he has a great deal of personal enthusiasm for the subject, as well as a wealth of knowledge," said Mr. McKnight.

Dr. Van de Castle has been director of the Sleep and Dream Laboratory at the University of Virginia School of Medicine for nine years and has written books on "The Psychology Dreaming" and "The Content Analysis of Dreams." He has published many articles on dreams in scientific journals. His educational background includes a PhD from the University of North Carolina, an MA from the University of Missouri and a BA from Syracuse University.

In addition to Dr. Van de Castle's presentation on dreams, the class will be exposed to the history of dreams from Biblical accounts to the modern day dream laboratory, the importance of dreams to emotional and physical health, dream interpretation, and analyzing dreams for self-understanding and problem solving.

Included in the presentation on meditation will be a discussion of meditation techniques, such as yoga, transcendental meditation, and the techniques of the Monroe Institute of Applied Sciences.

The use of meditation for stress reduction, releasing creativity and problem solving will be explored, and a field trip is planned to the University of Science and Philosophy on Afton Mountain where Lao Russell will present her views on meditation.

Registration for "Selected Topics in Parapsychology" is 4-7 p.m. Thursday and 9 a.m.-4 p.m. Friday. The class will be filled on a first-come, first-serve basis.

Additional information may be obtained by calling the Counseling Center at the college.

Alaric and his Goths entered and sacked Rome in 410.

1978-09-27
The Cavalier Daily (p.1)

Consciousness discussed

The Quest Bookshop is sponsoring a free lecture tonight on "Altered States of Consciousness" at 7:30 p.m. in its 2125 Ivy Square-5 location. Chris Lenz, Monroe Institute of Applied Sciences training programs director, will conduct the program.

1978-09-27
The Daily Progress (p.13)

The Quest Bookshop: Altered States of Consciousness, Chris Lenz, Director of Training Programs for Monroe Institute of Applied Sciences, Ivy Square, 7:30 p.m.

1979-03-22
The Daily Progress (p.16)

New Film Screening Set

A new film starring Dr. Lawrence LeShan and Robert Monroe, pioneers in the study of survival will be screened at The Quest Bookshop tonight at 7:30.

Chris Lens, program director for Monroe Institute of Applied Sciences will be present.

1981-03-25
The Daily Progress (p.16)

Workshop on Brain Planned

"Image and Symbol" is the topic for a weekend residential workshop exploring harmonization of left and right brain hemispheres through use of guided imagery and symbolic artwork sponsored by the Monroe Institute of Applied Science in Faber. The workshop will be held Friday through Sunday. Michael H. Brown, transpersonal therapist, will conduct the workshop. For information, call 977-3900.

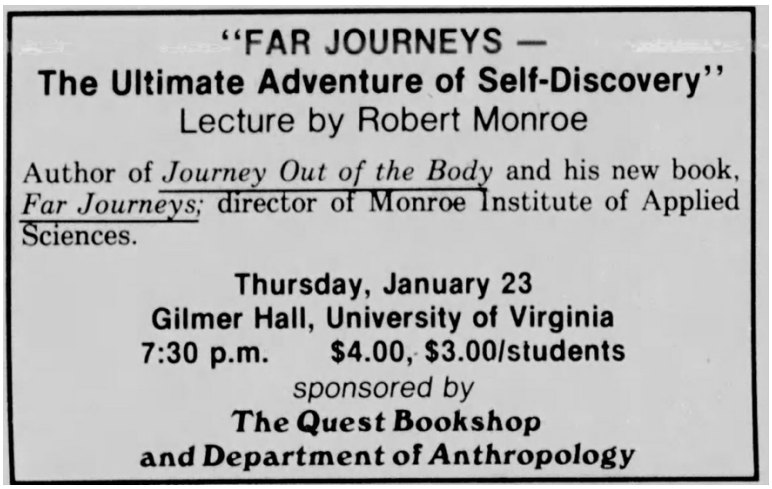
1981-04-30
The Daily Progress (p.28)

HYPNOSIS: Isabel Bryce, coordinator at the Monroe Institute of Applied Sciences, will give a lecture entitled "Another Viewpoint on Hypnosis and Altered States of Consciousness" 7:30 p.m. April 30 at The Quest Bookshop. Admission $2. Information: 295-3377.

1983-01-27
The Daily Progress (p.36)

QUEST BOOKSHOP: Tonight - Exploring the Dynamics of Healing, led by Clyde Ford, D.C., chiropractore and research scientits at 7: 30 p.m. Cost $3. Feb. 3 - An open forum with Melissa Jager, Director and Trainer of Monroe Institute of Applied Sciences on "The use and control of energy systems through the charkras; right brain left brain concepts; biohemispheric brain theory; holographic paradigm. Wednesday - "Me-

1986-01-19
The Daily Progress (p.36)


"FAR JOURNEYS —
The Ultimate Adventure of Self-Discovery"
Lecture by Robert Monroe
Author of Journey Out of the Body and his new book, Far Journeys; director of Monroe Institute of Applied Sciences.
Thursday, January 23
Gilmer Hall, University of Virginia
7:30 p.m. $4.00, $3.00/students
sponsored by
The Quest Bookshop
and Department of Anthropology

1987
Baltimore Sun

Local trance-channeling resources

An East Coast organization dedicated to studying phenomena such as the ones discussed on the MacLaine television program is The Monroe Institute, Route 1, P. O. Box 175, Faber, Va. 22938; (804) 361-1252. It was founded in 1970 by Robert Monroe, a radio broadcaster, after he had had an out-of-body experience, which he described in a book, "Journeys out of the Body," published in 1971 by Doubleday.

Nancy McMoneagle, executive director of the institution, said its mission is to use scientific methods to investigate various aspects of human consciousness.

The institute produces cassette tapes, offers group training programs and provides one-on-one counseling using its methods.

1988-07-05
Dunkirk Evening Observer

Psychic Workshop Among Events Set For Lily Dale

Special lecturers Joseph and Nancy McMoneagle explore "Remote Viewing: An Inner View of Distant Places." Their workshop begins at 7 p.m. Friday, July 15 and continues through Saturday.

1990-11-08
The Daily Progress (p.17)

and from 10 a.m. to 4 p.m. on Saturday.

■ Charlottesville audiences have the chance to hear a black South African artist speak about her work. **Helen Sebidi**, who is involved in the "resistance art movement" against South Africa's apartheid, will speak at 8 tonight on current art trends in her country. The lecture, in room 160 Campbell Hall, is free. **Information: 924-7116.**

■ Penelope Smith the author of "Animal Talk — Interspecies Telepathic Communication" will speak on communicating with animals Friday at 7:30 p.m. The talk will be held at the Monroe Institute "New Land." Smith says she's been communicating with animals telepathically throughout her life. The $10 admission benefits the Caring for Creatures Animal Sanctuary. To get to the Monroe Institute from Charlottesville, take U.S. 29 south to Route 6 west, then left on Route 634 and another left on Route 613. Follow Roberts Mountain Road up the hill to David Francis Hall. **Information: 804-361-9050.**

Lecture on talking to animals

Penelope Smith talks to animals.

1992-05-14
Richmond Times Dispatch (p.35)

☐ The Metaphysical Research Group of Richmond will present Leslie France and John Dumais of the Monroe Institute in Faber on "Accessing the Human Body Through Sound" Monday at 7:30 p.m. at Holiday Inn-Central, 3207 N. Boulevard. Cost: $5. Details: 233-3264.

1995-11-30
Richmond Times Dispatch (p.94)

Joseph McMoneagle, who lives near Charlottesville, is among the psychics included in ABC's **"Ghosts, Mediums, Psychics: Put to the Test"** (8 p.m., Channel 8). McMoneagle uses his extrasensory perception to draw a sketch of a random location picked by a "target viewer."

1996-11-14
The Daily Progress

Lectures

• **Elisabeth Fitzhugh** of the Monroe Institute will discuss applications of Hemi-Sync sound patterns at 7 tonight. For location, call 978-7133.